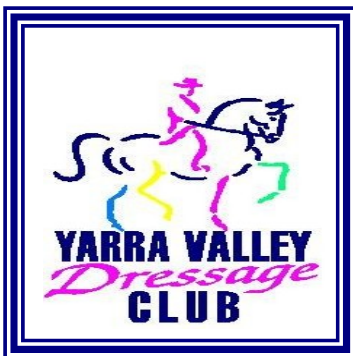


YVDC Newsletter April 2010



PRESIDENT

Michelle Oliver 9739 1753

SECRETARY

Chris Sudul 5968 9908

TREASURER

Sharon Gorton 5964 6917

COMPETITION SECRETARY

Jan Herzig 9737 9237

EFA DELEGATE

Rae Ansell 9728 2517

NEWSLETTER EDITOR

Joy Fricke **0403 608 137**

CLINIC CO ORDINATOR

Rae Ansell 9728 2517

CATERING

Michelle Frey 5968 4100

GENERAL COMMITTEE

Maureen Howe 5968 8521

Pam Miskin 0419 671 879

Barbara Geoffrey 5964 3961

Sam Ruedegger 0408 709 550

Jenny Wall 0400 225 423

Karen Webb 0417 929 433

ADVERTISING RATES

Businesses

Full page \$25 Half page \$15

Quarter page \$10

Club Members

Small display ads for members selling saddles, horses etc are free of charge.

www.yvdc.com.au

President's Report

Hi to all riders,

Well the weather is turning and the daylight hours are also becoming less and less so it's unfortunately time for wet weather gear to come out of the cupboard. It is this time of the year that riding one horse would be much easier than 3 or 4! We recently ran our open EFA comp at Glenbrae equestrian centre. The day ran very smoothly and I have heard no complaints thus far, only compliments on a well run event. This is of course only possible due to the hard work of the event secretary Janice Herzig and all the wonderful helpers. It doesn't matter whether you just help out for 1 hour it just means that many hands make light work as they say. Entries were good so we will hear from Sharon soon as to how much money we did make from the day.

Our next big event is in October and will be our Breast cancer fundraiser. We will need all hands on deck as this is always a big one. If you can help out with any sponsorship or gaining sponsorship please contact someone on the committee.

On the 16th of May we will have our next Freshmans day at Glenbrae so I hope to see you all then.

Happy Riding!

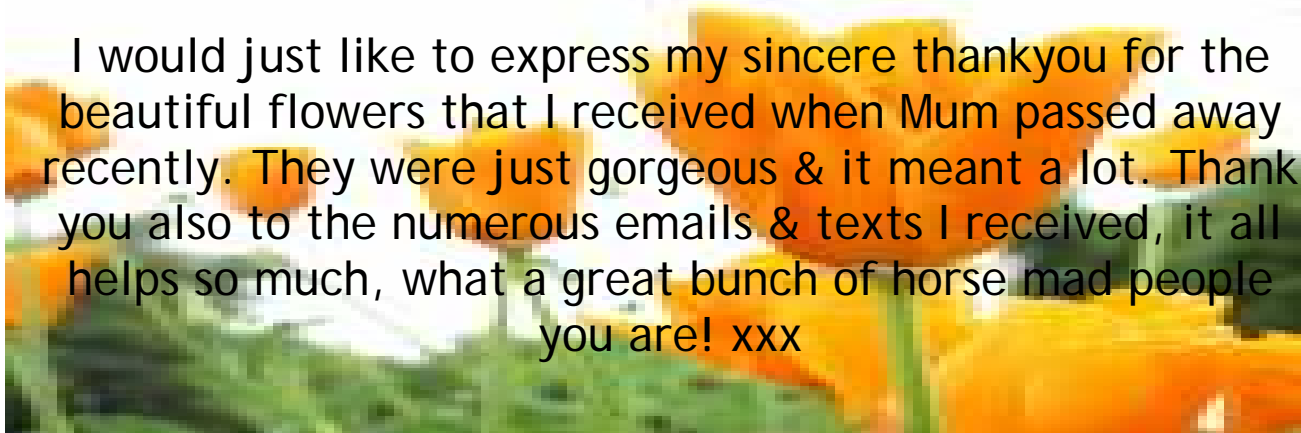
Michelle Oliver



Club Calendar 2009

Sunday 16/5/10 - Club Day
Sunday 27/6/10 – Freshmans Day
Sunday 25/7/10 – Club Day
And down the track!!! 15/8 – 19/9 – 14/11

Notes from the editor



I would just like to express my sincere thankyou for the beautiful flowers that I received when Mum passed away recently. They were just gorgeous & it meant a lot. Thank you also to the numerous emails & texts I received, it all helps so much, what a great bunch of horse mad people you are! xxx

A message from Maureen Howe

I wanted to put in a note of thanks to all the helpers at our comp recently. My job was made very easy this time. So many phoned to volunteer and the day ran so smoothly with everyone turning up and cheerfully doing their bit to help.

Thanks again - Maureen

Could I please ask anyone that has a camera & goes to the club days or comps to take some happy snaps, so they can be included in the letter. That would be brilliant! Thanks in advance!!! Joy.



Life isn't tied with a bow, but it's still a gift.



Report on Ashleigh Donal

Well it has now been two years since I was presented with a gorgeous foal, Ashleigh Donal, at the 2008 Hamag Young Rider Festival, bred by Ashleigh Stud and International Horse Breeders. Ash is now a cute, lanky two year old and I'm counting down the months until he can be broken in, which is planned for the end of the year.

Over the last few weeks he has begun to fill out and get a better shape to his body. At the moment he stands at about 15.3hh but with his big strong legs I'm expecting him to shot up some more!

For the past few months Ash has just been enjoying the paddock life. I have been alternating his paddocks and paddock mates just to make sure he stays independent and to make sure he doesn't rely on other horses too much, which he is very relaxed about.

I have found that with the ground work that was done as a weanling along with his calm, relaxed nature which I believe has come from his dam, Jackie, has made the everyday things so much easier.

He can easily be led from paddock to paddock and is very well behaved for the farrier and of course he loves the attention and is always their waiting for a pat, making him so much fun to have around.

Colin and Judy Gronn from Ashleigh Stud have been such a big help to me and given me so much support and advice over the past two years, not just with Ash but other young horses as well. They have opened up such an exciting opportunity for me and I can't thank them enough.



I guess now it's just a matter of waiting for Ash to grow into his so I can begin the fun part!

Danielle Pooles



body



HORSE-IN-THE-BOX

Equestrian clothing & giftware

NEW SHOP NOW OPEN

119 Beresford Rd, Lilydale, VIC 3140

T: 03/9735 9717

mob. 0412 610 553

Tue-Fri: 10-4 Sat: 10-2 Other times can be easily arranged

GREAT PRODUCTS, GREAT PRICES

Carefully selected collection of quality European clothing and unique accessories for you.

Equi-Theme:

AFFORDABLE ELEGANCE

Be comfortable and look good on and off the horse.

New season jackets, breeches, gloves, socks, carry bags in stock now.

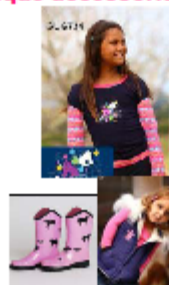


Unique accessories

KYRON Comfortable German breeches with FLEXIBLE full seat. \$199.95-\$259.95 Plain, stripy, check

"I would not ride in anything else. Stylish and comfortable these wash and wear breeches are a rider's must have. My breeches need to be durable and stylish as I ride at least three horses each morning and then coach every afternoon."

Judy Peel dressage rider and coach, International dressage judge



CUTE & PRACTICAL

Children's range from Equi-Theme and Giddy Up Girl available now.

140+ Painted Ponies, collectors books, jewellery boxes on display.



NEW:

Mark Todd rugs, exercise sheets, travel boots & Back on Track therapeutic horse and human products (pain management, faster recovery)

Back on Track®



Caprilli black show saddle 17 inch ,good condition, unmounted. With cair & cover.

Phone Anne 57865335 - \$1,000.00



(Saddle pictured is a Caprilli Show, but not the one for sale!)

Brown Prince Noir x T.B. Gelding - 5 years old 16hh.

Not in work at the moment due to lack of time.

Would make super dressage horse, lovely movement,

Comes with rugs, good home only.

\$3000.00

PHONE Anne 57865335.



LUC CHILDERIC SADDLE for SALE!

17" Seat

Med/Wide Fit

Handcrafted French Dressage Saddle

Used only a handful of times

Always cleaned, oiled, and covered

In pristine condition

Features...

Broad ergonomic panels for optimum weight distribution over the horse's back

Ultra deep seat for close contact

Relief panels for uninterrupted shoulder movement

Wide channel - Perfect for Warmblood Horses

For Sale \$ 4 500

New Price \$ 6 000

Contact Sam Ruedegger - More photos available on request

040 870 9550

s.ruedegger@bigpond.com





“YOUR MEMORIES DOCUMENTED 4 ALWAYS”

Ever wanted to document your life, or your loved ones, but didn't know where to start?

Writing memoirs are a thing of the past, but so much family history is lost because no one asked the questions or it was just too time consuming to write it all down.

Photographs from your past and your favourite music are added to tell your story presented beautifully on a DVD.

Your grand children, your great grand children and generations to come will be able to get to know you; family history is **documented** and not lost, and your life becomes something that can be acknowledged and looked back on with love, laughter and warm memories.

Contact Joy on 0403 608 137

WANTED

House Cleaner - required for 4-6 hours per week, in Silvan area.
\$20 per hour. Phone Jan Herzig 9737 9237 or 0412 170 566



Thanks to Karalyn for submitting this!!!

Our friends spend weeks planning their horse show/vacation. Two days before the group is supposed to leave, Betty's husband puts his foot down & tells her she isn't going - that he wants her to spend some "Quality Time" with him instead.

Betty's friends are very upset that she can't go - but with camper spots and stalls reserved and entry fees paid for, there's nothing to do but go without her.

Two days later, the three friends get to the horse show - only to find Betty has already checked in, ridden & has just hosed her horse off.

"Wow," they exclaimed, "how long have you been here - and how did you talk your husband into letting you go?" "I drove all night and got in early this morning," Betty said. "Yesterday I was sitting in my chair when my husband came up behind me & put his hands over my eyes & said, "honey, tonight's your lucky night." I pulled his hands off & there he was wearing nothing but skin.

He took my hand & took me to our bedroom. The room had two dozen candles and rose petals all over. On the bed, he had laid out handcuffs and ropes! He told me to tie & cuff him to the bed, and I did. And then he said, "do whatever you want." And here I am!!



~Never get between a woman and her horse~

John Kohnke

HANDY HINT

Loose Shoes during Wet Weather?

If you have a battle keeping shoes from working loose under wet conditions, try placing a smear of silastic sealant over the clinches. Simply brush to clean the hoof wall around each clinch, use methylated spirits to clean off oils and then carefully dab and spread a layer of silastic sealant over each clinch head and hole. Stand the horse on a hard surface for 10 minutes until the silastic cures. The silastic will prevent water softening the anchorage area for the clinches and prevent them being pulled in to loosen the shoe. Alternatively, barefoot trimming by a skilled practitioner is an option.

HANDY HINT

Dampening Hay the Easy Way!

Dry hay is a source of dust and mould that can be inhaled as a horse eats and it is more easily wasted – with up to 50% pulled apart and dropped as it is eaten! The simplest way to dampen hay is to place the allocated portion or biscuit into a clean polywoven chaff bag and spray or tip 1-2 litres of clean (preferably warm) water over the narrow cut edge so that it soaks down through the hay, with excess water draining out through the woven bag. Stand for 10 minutes, and then feed out. You can prepare hay in this way in the morning for the evening feed and vice-versa, but don't let it remain damp for more than 12 hours.

Sacro-Iliac Pain

The signs are more common than you think ...

Lower back pain can cause a change in gait and behaviour and loss of performance in racing, equestrian and leisure horses.

Sacro-iliac ligament strain and joint sprain, stress fractures and chronic arthritic pain account for 50% of all back injuries.

15% of all horses with back problems were shown to have chronic, long standing sacro-iliac joint injury.
Dr Tracey Turner of

Minnesota University and Prof. Sue Dyson of the Animal Health Trust Newmarket UK have recently reviewed the diagnosis

and rehabilitation of sacro-iliac ligament sprain and arthritic conditions.

Sacro-Iliac Pain

The signs are more common than you think ...

Recognize these Symptoms?

If you recognize 4 or more of these typical symptoms, then your horse could have a chronic sacro-iliac injury.

1. Lugging to one side or inability to work smoothly around a bend or circle on one side
2. Resisting the transition, throwing the head up, and 'dipping' in the back when asked to canter or work with hind limb impulsion
3. Dipping the back when ridden in a 'collected' gait, with lack of lateral flexion.

4. Working with one hind leg swinging in under the hindquarters, especially when turning
5. Dragging the toe of the hind limb of the affected side when walking, with a short hindlimb stride length.
6. Bucking when asked to work up a rise or refusing to jump over rails.
7. Failure to develop backline croup muscles, with short hind limb stride movement
8. Intermittent lameness and shortened stride in the diagonal front limb
9. Swishing the tail when under saddle, particularly during warm-up exercises
10. Presence of a 'hunters bump' or prominent sacrum area just in front of the rump
11. Discomfort and leg 'trembling' when the affected hindlimb is lifted up for hoof trimming or cleaning
12. Some short term relief after chiropractic manipulation but not long lasting improvement

HANDY HINT

Horses with chronic, sacro-iliac discomfort do not develop or maintain 'top-line' and 'bulk up' in the croup and rump as they avoid engaging their hindquarters when working, often resisting collection to improve hindlimb impulsion.

HANDY HINT

Press just in the front of the imaginary line as illustrated to evaluate sacro-iliac sprain and tearing – affected horses will dip in the back. Also press down along the rear edge of the pin bones for reaction to pain. Consult your vet for a diagnosis.

Did You Know ???

The prominence of the sacro-iliac or “hunters bump” is dependent on the conformation, physical condition (lean and fit or overweight) and the muscular development of the lower back and hindquarters. A horse’s individual low tolerance to pain may result in poor performance and a change in gait.

A mild “hunters bump” may have no influence on gait or performance. However, a study in Standard bred trotters found that an increase in prominence of the sacrum of more than 10mm (1cm) as associated with poor performance. In one survey, 61% of racing thoroughbreds were classified as having moderate sacro-iliac changes. Horses that are stabled for long periods in training do not maintain flexibility or optimum strength in the pelvic and lower back area, compared to horses that are turned out and can twist and turn when exercising during the day.

Diagnosis

The diagnosis of sacro-iliac discomfort is based on symptoms and deep examination of the sacro-iliac region for pain reaction by deep finger palpation around the dorsal sacro-iliac ligament attachments. Ultra-sound scanning to determine the presence or extent of ligament damage or infiltration of local anaesthetic into the area to evaluate pain relief can be used to identify the injury area.

Therapy and Treatment

The treatment for back problems are many and varied and because many back problems often become chronic in nature, there is no single therapy that is the ‘cure’ for most sacro-iliac related injuries. The majority of sacro-iliac strains involve ligament and soft tissue injuries, often with displacement injury to sacral and pelvic structures associated with a fall, overloading or slipping on a wet working or arena surface.

A therapy program that includes initial rest, followed by specific exercises to “work” the sacro-iliac ligaments and increase their flexibility and strength has been shown to provide the best long term chance of rehabilitation in up to 47% of horses with sacro-iliac ligament strain and joint arthritis. Note:

Severe inflammation and pain can be reduced by a short acting cortisone injection into the sacral-iliac ligament attachments. Consult your vet.

HANDY HINT

When massaging, close the fist and roll it over onto the top knuckles in a kneading action, working towards the midline around the sacrum and spinal column. Do not finger massage the rump area as it will tear the roots of the hairs and cause discomfort

Well – believe it or not there are other things with 4 legs that our members are doing well in!!!

Natarsha Canny was thrilled to be awarded **Grand Champion** Lowline Bull *at the Royal Sydney Show recently.*

What a wonderful achievement Natarsha – Congratulations!!!!



Natarsha Canny with her prize bull. Affectionately known as “Jack”

'Green Hill Farm'
Wildgrass Angus Stud
Yarra Ranges Lowline Stud
www.yarrarangeslowline.com.au

Specialist Dressage Instructor, Level 3
in the Yarra Valley

Tony Uytendaal

Regular fortnightly private lessons, preliminary level and above.

Only 2 vacancies left now!!!

Wednesday afternoons 1pm, 2pm, 3pm, 4pm, 5pm

Regular Saturday lessons under consideration. Are you interested?

Tony Uytendaal was born in Holland 1945 into a well established and successful horse family. He went into the family equestrian business and during that time achieved honors from the Dutch Federation in all his equestrian qualifications.

He later became head of the department responsible for the education of professional coaches. Tony then had 3 years in a German dressage stable with Olympic coach Bubi Gunter and it was here that he achieved his German Qualifications. He was then invited to train horses in England with Robert Hall, an Olympic Dressage Coach and also achieved his British Horse Society certificates.

Tony arrived in Australia in 1972 and became a Level 3 General and Dressage Specialist Coach. With his wife Leanne, they ran a successful equestrian business for 25 years. Tony's true passion will always be to develop classic, correct dressage training for horse and rider.

ALL LESSONS...

45 minute duration

\$120.00 per lesson (includes indoor school hire fee of \$20.00 per lesson)

Coffee, tea and chocolate biscuits provided!

Wherever you want to be in your competitive riding,

Tony can help!

TO BOOK OR ENQUIRE, PLEASE CALL CRAIG on:

0400 267 358



A little known fact....



The first testicular guard was used in cricket in 1874



And the first helmet was used in 1974.



It took 100 years for men to realize that their brains could also be important ...



Heee!!!!!!

Buy 10 and get 3 bales FREE!!!
EQUIHAY \$11



Special High Nutrition Cereal Crop of Rye, Clover & Phalaris



YVDC Official results from open competition
Sunday 18th April



**PRELIMINARY PONY
1B**

		C	%	Place
Tooravale Hollywood	Tonaya Barton	158	63.200	1st
Champagne Piper	Leanne Atwell	153	61.200	2nd

PRELIMINARY 1B

		C	%	Place
Royal Diamond	Mitch Fox	173	69.200	1st
Florianna	Rae Ansell	172	68.800	2nd=
Adagio Whim	Sharon Streeter	172	68.800	2nd=
Don Rodrigo	Jan Kennan	167	66.800	4th
Ochre Noir	Marnie Barrett	164	65.600	5th=
Thomson Park Justine	Judy Gronn	164	65.600	5th=
Quiggley	Anne Dunlop	164	65.600	5th=



NOVICE 2B PONY		C	C%	M	M%	Total %	Place
Mithril Heros Return	Louise Maguire	204	61.818	191	57.879	59.848	1st
Champagne Piper	Leanne Atwell	197	59.697	194	58.788	59.242	2nd
Tooravale Hollywood	Tonaya Barton	174	52.727	189	57.273	55.000	3rd

NOVICE 2B		C	C%	M	M%	Total %	Place
CJP Winchester	Rachelle Wilson	229	69.394	209	63.333	66.364	1st
Ochre Noir	Marnie Barrett	219	66.364	211	63.939	65.152	2nd
Florazzo	Nicole Bennett	209	63.333	213	64.545	63.939	3rd
Adagio Whim	Sharon Streeter	208	63.030	195	59.091	61.061	4th
Quiggley	Anne Dunlop	201	60.909	185	56.061	58.485	5th
Florianna	Rae Ansell	194	58.788	191	57.879	58.333	6th
ELEMENTARY 3B		C	C%	M	M%	Total %	Place
Mithril Heros Return	Louise Maguire	194	57.059	218	64.118	60.588	1st

ELEMENTARY 3B		C	C%	M	M%	Total %	Place
Quinlin	Monica Bird	212	62.353	232	68.235	65.294	1st
Avoca Solomon	Leanne Williams	207	60.882	226	66.471	63.676	2nd
Kendalee Whelem	Susan Leslie	214	62.941	218	64.118	63.529	3rd
CJP Winchester	Rachelle Wilson	198	58.235	225	66.176	62.206	4th
Broadway Jazz Singer	Glenys Hazelman	210	61.765	196	57.647	59.706	5th
Grand Slam	Justin Hocking	191	56.176	207	60.882	58.529	6th

MEDIUM 4A		C	C%	M	M%	Total %	Place
Miss Sandy VI	Kellet McDonell	211	58.611	241	66.944	62.778	1st
Belcata Consullah	Cathy-Leanne Branson	213	59.167	229	63.611	61.389	2nd
Belcam Carob	Judy Gronn	211	58.611	223	61.944	60.278	3rd
Cara Mia	Amanda White	205	56.944	227	63.056	60.000	4th
Northern Isaiah	Amanda Hocking	212	58.889	209	58.056	58.472	5th
Avoca Solomon	Leanne Williams	210	58.333	206	57.222	57.778	6th

ADVANCED 5A		C	C%	M	M%	Total %	Place
Feru	Heather Gee	250	62.500	253	63.250	62.875	1st
Miss Sandy VI	Kellet McDonell	251	62.750	247	61.750	62.250	2nd =
Aubaine Colorado	Katy Welsh	249	62.250	249	62.250	62.250	2nd =
Belcata Consullah	Cathy-Leanne Branson	240	60.000	251	62.750	61.375	4th
Belcam Carob	Judy Gronn	239	59.750	249	62.250	61.000	5th =
Cara Mia	Amanda White	233	58.250	255	63.750	61.000	5th =

PRIX ST GEORGE		C	C%	B	B%	Total %	Place
Prince Noir	Allison O'Neill	232	61.053	229	60.263	60.658	1st
Umberto	Jayne Luxton	221	58.158	226	59.474	58.816	2nd
Brookwood Park Feuerisle	Michelle Oliver	226	59.474	216	56.842	58.158	3rd
AEA ET ONE	Amanda Goodman	227	59.737	209	55.000	57.368	4th
Aubaine Colorado	Katy Welsh	227	59.737	205	53.947	56.842	5th
Pretzel	Danielle Pooles	204	53.684	200	52.632	53.158	6th

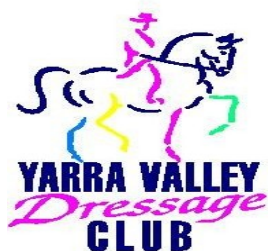


LEADERBOARD 2009-2010		
<i>Updated leaderboard following Open comp 18-04-10</i>		
PRELIMINARY		
Anne Dunlop	Quiggley	23
Michelle Oliver	Oliver Gray	18
Leanne Atwell	Champagne Piper	18
Anita Hummer	Sugarloaf Cruz	14
Angela Doake	Kinlieth Ragdoll	11
Samantha Ruedegger	Floriana	10
Barb Geoffrey	Coldstream Shahlemar	9
Judy Gronn	Thomson Park Justine	9
Maureen Howe	Highness McOhi	9
Jenny Wall	Home Coming	8
Rae Ansell	Floriana	8
Chris Sudul	Effie	7
Ruth Feltoe	Habafield Copper	7
Jan Kennan	Rodrigo	7
Meg Ferguson	Jetstar	6
Meg Stafford	Belcam Corrado	6
Sharon Gorten	Yarra Vale Peru	5
Joy Fricke	Riverlad	5
Kim Anning	Findabair	5
Karen Webb	Ernie	4
Susan Vickering	Walvick Star	4
Samantha Ruedegger	Ashleigh Rococo	3
Deborah Hodgson	Lanataca	3
Stephanie Bartley	Rockabilly Rebel	2
Kellie Walsh	Harry	2
Josie Chambers	Mayfield Lustre	2
Kathryn Niemec	Mia	1
Cheryl Perry	Maggie	1
NOVICE		
Anne Dunlop	Quiggley	21
Kylie Pedder	Coldstream Sherman	19
Kris Ford	Conspiracy Theory	15
Birgette Horn	Bob	11
Amanda Goodman	Justin Thyme	8
Meg Stafford	Apollo Prince	6
Susan Vickering	Walvick Star	6
Monica Bird	Quinlin	6
Pam Miskin	Daintree Domanie	5
Anita Hummer	Sugarloaf Cruz	5
Kerrie aumann	Asif	5
Leanne Atwell	Champagne Piper	5
Kathy Minchin	Albert	4
Deborah Hodgson	Lanataca	4
Kathy Minchin	Flaunting	4
Meg Ferguson	Jetstar	4
Ruth Feltoe	Habafield Beacon	4
Joan Kerford	Rubys Reflection	4
Adam Benson	Brookwood Park Rome	3
Maureen Howe	Highness McOhi	3
Jan Kennan	Rodrigo	2



Club Competition - Sunday 16th May

Ribbons are awarded to 6th place.



Entry Form

RIDER _____

HORSE _____

ADDRESS _____

PHONE _____

EMAIL _____

1st TEST ENTERED _____ 2nd TEST _____

ENTRY FEE ENCLOSED _____

I will assist with:

RING SET UP RING PULL DOWN

PENCIL SCORE SHEET COLLECTION

OTHER

Neither the Yarra Valley Dressage Club Incorporated, it's agents not the owners of any property used by the YVDC Inc. accept any liability for any accident, damage, injury loss or illness to horse, riders, spectators or grounds or any person or property whatsoever.

Sunday 16th May 2010 GLENBRAE EQUESTRIAN CENTRE, VICTORIA ROAD WANDIN

Tests – 1D, 2D, 3D, 4B, 5B, Prix St George, Inter1, Inter 11, Grand Prix

Entries Close Friday 7th May 2010

Fees – Club Members - \$20 per test

Event Secretary – Jan Herzig

P.O Box 297 Wandin North Vic 3139

Scratchings on the day 0412 170 566

- ◆ **All competitors are required to assist before, during or after competition.**
- ◆ Points awarded to club trophies
- ◆ Ribbons to 6th place
- ◆ Competitors to report to gear check 20 minutes prior to riding
- ◆ 2nd test may be entered if sufficient time
- ◆ Open to current YVDC members only
- ◆ NO DOGS ALLOWED
- ◆ **Yummy free lunch!**